

WEIGHTS FOR HEAVY WEIGHT CLASSES FOR REGIONALS & FINALS

4-6

Light Hwt.	67.1 - 77.0
Hwt.	77.1 - 87.0
Super Hwt.	87.1 - 97.0
Super Super Hwt.	97.1 – 107.0

7-8

Light Hwt.	82.1 - 97.0
Hwt.	97.1 - 112.0
Super Hwt.	112.1 - 127.0
Super Super Hwt.	127.1 – 142.0

9-10

Light Hwt.	110.1 - 130.0
Hwt.	130.1 - 150.0
Super Hwt.	150.1 - 170.0
Super Super Hwt.	170.1 – 190.0

11-12

Light Hwt.	133.1 - 158.0
Hwt.	158.1 - 183.0
Super Hwt.	183.1 - 208.0
Super Super Hwt.	208.1 – 233.0

13-14

Light Hwt.	170.1 - 200.0
Hwt.	200.1 - 230.0
Super Hwt.	230.1 - 260.0
Super Super Hwt.	260.1 – 275.0

If a wrestler is over the weight limit for their age group the wrestler may go up one age group if they have wrestled 2 tournaments during the year.

Heavyweights for regional: A wrestler must weigh within the perimeters of the weight class. If they weigh less than the lowest heavyweight class for their age group

For finals heavyweights must be the weight they qualify for at regionals ie: If a wrestler is 11-12, 179.8 lbs. at regionals they must still weigh between 158.1 and 183.0 to wrestle at finals. There is no weight allowance for Heavy Weights at Finals.

WEIGHTS FOR GIRLS HEAVY WEIGHT CLASSES FOR REGIONALS

4-8

Light Hwt.	90.1 - 102.0
Hwt.	102.1 - 114.0
Super Hwt.	114.1 - 126.0
Super Super Hwt.	126.1 – 138.0

9-11

Light Hwt.	110.1 - 130.0
Hwt.	130.1 - 150.0
Super Hwt.	150.1 - 170.0
Super Super Hwt.	170.1 – 190.0

11-14

Light Hwt.	156.1 - 184.0
Hwt.	184.1 - 212.0
Super Hwt.	212.1 - 240.0
Super Super Hwt.	240.1 – 268.0

If a wrestler is over the weight limit for their age group the wrestler may go up one age group if they have wrestled 2 tournaments during the year.

Heavyweights for regional: A wrestler must weigh within the perimeters of the weight class. If they weigh less than the lowest heavyweight class for their age group.

For finals heavyweights must be the weight they qualify for at regionals ie: If a wrestler is 11-12, 179.8 lbs. at regionals they must still weigh between 158.1 and 183.0 to wrestle at finals.

There is no weight allowance for Heavy Weights at Finals.