



# GRAND BLANC

## Youth Wrestling Club

### MMWA Central Regional

Saturday March 5, 2011

**Location: Grand Blanc High School 12500 Holly Rd., Grand Blanc, MI.**

Wayne Miller President, Scott Turnbow V/President, Mark Lackey Secretary, Amber Hitchcock Treasurer

**ENTRY FEE:** \$10.00 per wrestler: **Payment due ASAP**  
*Pairing will take payments during the 2/26 and 2/27 MMWA tournaments*  
*Cash will be accepted at the Regional tournament by 7:30 am*

**CONTACT:** Mark Lackey [mlackeygbywc@gmail.com](mailto:mlackeygbywc@gmail.com) (preferably)  
or (810) 275-2928

**ADMISSION:** \$4.00/adults, \$1.00/child, \$9.00/family (Mom, Dad, & children under 18)

**WEIGH-INS:** Saturday: 10 & under- 7:00-8:00 am/Wrestling begins at 9:30 a.m.;  
11 & up - 8:00 - 9:00am **Wrestling begins by 10:30 in auxiliary gym. 11-12 moving to main gym after 3<sup>rd</sup> round of 9-10**

**RULES:** M.M.W.A. Modified High School Rules  
5-6, 7-8 (3) 1 minute periods  
9-10, 11-12, 13-14 (3) 1-1/2 minute periods  
Singlets preferred, shorts and t-shirt allowed.  
Headgear required for 9 & up.  
**ABSOLUTELY NO METAL**

**WEIGHT CLASSES:** 5-6: 37, 40, 43, 46, 49, 52, 55, 58, 61, 64, 67, HWT  
7-8: 40, 43, 46, 49, 52, 55, 58, 61, 64, 67, 72, 77, 82, HWT  
9-10: 51, 55, 59, 63, 67, 71, 75, 80, 85, 90, 95, 100, 110, HWT  
11-12: 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 119, 126, 133, HWT  
13-14: 75, 80, 90, 95, 100, 107, 114, 122, 130, 138, 145, 155, 170, HWT

**TOURNAMENT RULES:**

- Only 2 coaches per match
- Any person with video equipment at the mat will be considered a coach.
- All wrestlers must leave the wrestling area at the end of their bout.
- No weight will be challenged after the start of the second round.
- All HWT must have exact weight on weigh slip and on hand.
- Proper sportsmanship is expected from all wrestlers, coaches, and spectators.

**PENALTY:** Failure to follow tournament rules will lead up to expulsion from tournament and/or forfeit of match.

**Full concessions open all day!**  
**Hot food will be served for breakfast & lunch!**

**\*\*\*NO CROCKPOTS or WARMING DEVICES\*\*\***  
**NO FOOD, COOLERS, POP OR SPORTS DRINKS ALLOWED IN GYM AREAS**