

MOUNTAINEERS WRESTLING CLUB
SATURDAY, JANUARY 9, 2010
8041 NEFF RD., MT. MORRIS, MI
ELIZABETH ANN JOHNSON HIGH SCHOOL

**Remember that registration forms and birth certificates are to be turned in, in order to wrestle.
By 7:30 in the pairing room**

Penalty: Failure to follow tournament rules will lead to the expulsion from the tournament or forfeit of match.

LIMIT 500 WRESTLERS.

CALL IN DATES: December 27, 2009 through January 5, 2009

Contact Debi Amaya@810-687-1922 or Email mountaineer_wrestling@yahoo.com

TOURNAMENT DIRECTOR: Matt Decker (810) 836-4457

WEIGH - INS: Friday night weigh-in from 7-8pm

Saturday morning: 5-6, 7-8, 9-10, 7:00 AM to 8:00 AM Wrestling starts 9:30am
11-12, 13-14: 8:00 AM to 9:00 AM Wrestling for 11-12 starts after 2nd round of 9-10
Wrestling for 13-14 starts between 10:30 and 11am

ENTRY FEE \$9.00 PER WRESTLER

Admissions: \$4.00 Adults, \$1.00 per Student/child (5-18 years) \$9.00 full Family, Preschoolers Free (0-5).
Full family is defined as Father, Mother, and Immediate Children under 18.

RULES: M.M.W.A. Modified High School Rules. Singlet or shorts & shirts are required.
5-6, 7-8, 9-10 (3) 1 Minute periods
11-12, 13-14 (3) 1 ½ Minute periods

ABSOLUTELY NO METAL!!!!

If less than three wrestlers are in a weight class the hosting club has the right to move a wrestler up a weight class, in the same age group, except heavy weight.

Weights: 5&6: 37,40,43,46,49,52,55,58,61,64,67,HWT.
7&8: 40,43,46,49,52,55,58,61,64,67,72,77,82,HWT.
9&10: 51,55,59,63,67,71,75,80,85,90,95,100,110,HWT.
11&12: 60,65,70,75,80,85,90,95,100,105,112,119,126,133,HWT.
13&14: 75,80,85,90,95,100,107,114,122,130,138,145,155,170,HWT.

TOURNAMENT RULES:

1. ONLY TWO COACHES PER MAT.
2. ANY PERSON OPERATING VIDEO EQUIPMENT IS CONSIDERED A COACH.
3. ALL WRESTLERS MUST LEAVE WRESTLING AREA AT THE END OF THE BOUT.
4. NO WEIGHT WILL BE CHALLENGED AFTER THE START OF THEIR SECOND ROUND.
5. ALL WRESTLERS MUST HAVE EXACT WEIGHT ON THE WEIGH - IN SLIP AND HWT.
MUST HAVE EXACT WEIGHT ON THEIR HAND.

Breakfast and food will be available all day.

GOOD LUCK TO ALL ON OPENING DAY

DIRECTIONS: TAKE I-75 TO MT. MORRIS RD EXIT 126
TURN EAST ON MT. MORRIS RD. GO EAST TO THE SECOND
LIGHT,(THIRD IF COMING FROM THE NORTH) WHICH IS NEFF RD.
TURN LEFT. THE SCHOOL IS ON LEFT, E. A. JOHNSON HIGH SCHOOL