



GRAND BLANC

Youth Wrestling Club

MMWA Southern Regional

Saturday March 13, 2010

Location: Goodrich High School 8029 S. Gale Rd. Goodrich, MI.

Wayne Miller President, Dave Roumayeh Vice President, Mark Lackey Secretary, Lori Miller Treasurer

ENTRY FEE: \$10.00 per wrestler due at the February 15th meeting.

You must have wrestled two (2) complete MMWA sanctioned tournaments at your own age group.

CONTACT: Mark Lackey mlackeygbywc@gmail.com (preferably) or (810) 275-2928.

ADMISSION: \$4.00/adults, \$1.00/child, \$9.00/family (Mom, Dad, & children under 18)

WEIGH-INS: Saturday 3/13/2010 7:00 – 9:00 am
10 & under: 7:00 - 8:00 am / Wrestling begins at 9:30 a.m.
11 & up: 8:00 - 9:00am / Wrestling begins after 2nd round 9-10 yr olds

RULES: M.M.W.A. Modified High School Rules
5-6, 7-8, 9-10 (3) 1 minute periods
11-12, 13-14 (3) 1-1/2 minute periods
Singlets preferred, shorts and t-shirt allowed.
Headgear required for 9 & up.
ABSOLUTELY NO METAL!

WEIGHT CLASSES: 5-6: 37, 40, 43, 46, 49, 52, 55, 58, 61, 64, 67, HWT
7-8: 40, 43, 46, 49, 52, 55, 58, 61, 64, 67, 72, 77, 82, HWT
9-10: 51, 55, 59, 63, 67, 71, 75, 80, 85, 90, 95, 100, 110, HWT
11-12: 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 119, 126, 133, HWT
13-14: 75, 80, 90, 95, 100, 107, 114, 122, 130, 138, 145, 155, 170, HWT

TOURNAMENT RULES:

- Only 2 coaches per match
- Any person with video equipment at the mat will be considered a coach.
- All wrestlers must leave the wrestling area at the end of their bout.
- No weight will be challenged after the start of the second round.
- All HWT must have exact weight on weigh slip and on hand.
- Proper sportsmanship is expected from all wrestlers, coaches, and spectators.

PENALTY: Failure to follow tournament rules will lead up to expulsion from tournament and/or forfeit of match.

Top 4 places from each age/weight group qualify for MMWA State Finals on 3/21/2010.

*****All State Final registration fees due on 3/13/2010*****

Full concessions open all day!

Hot food will be served for breakfast & lunch!

*****NO CROCKPOTS or WARMING DEVICES*****

