

CLIO MMWA REGIONAL TOURNAMENT



Sunday

March 14, 2010

Clio High School-One Mustang Drive-Clio, MI 48420



Daylight Savings Time – Don't forget to turn your clocks forward

CONTACT: Jeremy Amy, e-mail: jeramy07@comcast.net (preferred) Phone: (810) 577-7538

WEIGH-INS: Sunday: 5-6, 7-8 & 9-10 7:00 – 8:00 am. Wrestling Begins 9:30am
11-12 & 13-14 8:00 – 9:00 am. Wrestling Begins After 2 rounds 10& Under

ENTRY FEE: \$10 per wrestler

ADMISSION: \$4.00/adult, \$1.00/child, \$9/family (Mom, Dad, & children under 18)

ENTRANCES: Main Office Doors (Front), Pool Doors (North side), Back Doors (By Softball Fields)

RULES: MMWA Modified High School Rules. Singlet or shorts and shirt required.
Headgear required for 9yrs & up. **ABSOLUTELY NO METAL!**
5-6, 7-8, 9-10 (3) 1 Minute periods
11-12, 13-14 (3) 1 ½ Minute periods

WEIGHTS: 5-6: 37, 40, 43, 46, 49, 52, 55 58, 61, 64, 67, HWT
7-8: 40, 43, 46, 49, 52, 55, 58, 61, 64, 67, 72, 77, 82, HWT
9-10: 51, 55, 59, 63, 67, 71, 75, 80, 85, 90, 95, 100, 110, HWT
11-12: 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 119, 126, 133, HWT
13-14: 75, 80, 85, 90, 95, 100, 107, 114, 122, 130, 138, 145, 155, 170, HWT

TOURNAMENT

- RULES:**
- * ONLY 2 COACHES PER MATCH
 - * ANY PERSON WITH VIDEO EQUIPMENT (HAND HELD) WILL BE CONSIDERED A COACH.
 - * ALL WRESTLERS MUST LEAVE THEIR MAT WHEN THEIR BOUT IS DONE.
 - * ALL WRESTLERS MUST HAVE EXACT WEIGHT ON THE WEIGH-IN SLIP. HWT MUST HAVE EXACT WEIGHT ON HAND.
 - * NO WEIGHTS WILL BE CHALLENGED AFTER START OF SECOND ROUND.
 - * **GOOD SPORTSMANSHIP !!!** IS EXPECTED FROM ALL WRESTLERS, COACHES AND SPECTATORS.

PENALTY: Failure to follow tournament rules will lead up to expulsion from tournament and or forfeit of match.

•TOP 4 PLACERS FROM EACH AGE/WEIGHT GROUP QUALIFY FOR MMWA STATES•
ALL STATE FINAL FEES ARE DUE ON 3-14-10 (STATE FINALS ON 3-21-10)



FOOD AND REFRESHMENTS WILL BE SERVED ALL DAY

