

CAVALIER NOVICE WRESTLING TOURNAMENT

SUNDAY FEBRUARY 21, 2010

Carman Ainsworth High School
1300 N. Linden Rd Flint, MI 48532

ENTRY FEE: \$9.00 per wrestler

ADMISSION: \$4.00/adults, \$1.00/child , \$9.00/family

WEIGH INS: Sunday : 7:00 - 8:00am 10&under Wrestling begins at 9:30am
8:00 - 9:00am 11&up Wrestling begins after 2nd round of 9-10

LIMIT: 400

CONTACT: Daina Dunn @ 810-919-0551 or email daina.dunn@att.net

CALL IN DATES FEBRUARY 8TH TO FEBRUARY 17TH

RULES: M.M.W.A. Modifies High School Rules

5-6, 7-8, 9-10: (3) 1 minute periods

11-12, 13-14: (3) 1-1/2 minute periods

Singlets or shorts and t-shirt allowed

Headgear required for 9&up

ABSOLUTELY NO METAL!!!!!!

If less than 3 wrestlers are in a weight class, the host club has the right to move them up one weight class in the same age group (except hwt).

WEIGHT CLASSES:

5-6: 37, 40, 43, 46, 49, 52, 55, 58, 61, 64, 67, HWT

7-8: 40, 43, 46, 49, 52, 55, 58, 61, 64, 67, 72, 77, 82, HWT

9-10: 51, 55, 59, 63, 67, 71, 75, 80, 85, 90, 95, 100, 100, HWT

11-12: 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 119, 126, 133, HWT

13-14: 75, 80, 90, 95, 100, 107, 114, 122, 130, 138, 145, 155, 170, HWT

TOURNAMENT RULES:

1. Only 2 coaches per match
2. Any person with video equipment at the mat will be considered a coach
3. All wrestlers must leave the mat at the end of their bout.
4. No weight will be challenged after the start of the second round.
5. All HWT must have exact weight on the weigh in slip and on hand.
6. Proper sportsmanship is expected from all wrestlers, coaches, and spectators

PENALTY: Failure to follow tournament rules will lead to expulsion from tournament and/or forfeit of match.

**FOOD AND REFRESHMENTS WILL BE SERVED ALL DAY IN THE CAFETERIA.
MEDALS FOR 1st , 2nd, & 3rd PLACE**