

MMWA Northern Regional



Club: Birch Run PFY
MMWA SANCTION #:
SCHOOL: Birch Run High School
DATE: Sunday, March 14, 2010



Daylight Savings Time – Don't forget to turn your clocks forward

WEIGH-INS: 5-6, 7-8 & 9-10 7:00AM-8:00AM Wrestling Begins 9:30AM
11-12 & 13-14 8:00AM-9:00AM Wrestling Begins After 2 Rounds 10 and Under

ENTRY FEE **\$10.00/Wrestler** Due at the Febuary 15th meeting

ADMISSION: **\$4.00/Adult** **\$1.00/Student** **\$9.00/Family (Father, Mother, Immediate Children)**

LIMIT: You must have wrestled two (2) complete MMWA sanctioned tournaments at your own age group.

PHONE: (989) 397-0346

RULES: MMWA Modified High School Rules
5-6/7-8/9-10 Two (3) 1 minute periods
11-12/13-14 Three (3) 1 1/2 minute periods

Singlets or shorts and shirt (close fitting), and shoes. **ABSOLUTELY NO METAL.**
Headgear required for 9 & up.

WEIGHTS:
5-6 37, 40, 43, 46, 49, 52, 55, 58, 61, 64, 67, HWT
7-8 40, 43, 46, 49, 52, 55, 58, 61, 64, 67, 72, 77, 82, HWT
9-10 51, 55, 59, 63, 67, 71, 75, 80, 85, 90, 95, 100, 110, HWT
11-12 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 119, 126, 133, HWT
13-14 75, 80, 85, 90, 95, 100, 107, 114, 122, 130, 138, 145, 155, 170, HWT

TOURNEMENT RULES:

1. ONLY 2 COACHES PER MATCH, all others must be in bleachers.
2. **Persons operating video equipment on the mat will be considered as a coach.**
3. All wrestlers must leave wrestling area at the end of their bout.
4. No weight may be challenged after the start of the second round.
5. **All heavyweights must have exact weight on weigh-in slip and hand.**
6. **ALL WRESTLERS, COACHES, PARENTS, ETC., ARE EXPECTED TO DEMONSTRATE GOOD SPORTSMANSHIP !!!!**

PENALTY: Failure to follow tournament rules will lead up to expulsion from tournament and/or forfeit of match.

ADDRESS: Birch Run High School
12450 Church St, Birch Run, MI

PARKING: Parking available at the school. Please **DO NOT USE** church parking lots.
Parking shuttle will be available 7-10 12-3 parking at middle school

CONCESSIONS: Breakfast and Lunch concessions will be available in the cafeteria
No electrical outlets available ***NO CROCKPOTS or WARMING DEVICES***

Top 4 places from each age/weight group qualify for MMWA State Finals

Finals on 3/21/10

*** All State Final registration fees due on 3/14/10 ****