

Table Help Guidelines

MATCH TIMES

5 & 6 – 7 & 8

3 – 1 minute periods

10 second rest periods

9 & 10

3 – 1 minute periods ****NO REST PERIOD****

11 & 12 – 13 & 14

3 – 1 ½ minute periods

****NO REST PERIOD****

1. Enter **Table/Mat Number** in **Lower right hand** corner of bout sheet.
2. It is okay to change wrestler's color on bout card, but **DO NOT ERASE NAMES AND REWRITE THEM UNDER COLORS.**
3. Circle the choice of the Wrestler - up, down, neutral, defer - on bout card.
It looks like this (**2nd Period up dw neu def - 3rd Period up dw neu def**)
4. Enter wrestler's **score and total points** on both sides. Referee indicates the score by holding up fingers on hand with corresponding color. **CIRCLE THE 1ST POINT OF THE MATCH SCORED.**
5. Put a big **"CIRCLE"** around the winner and **"X"** out the loser.
6. If wrestler pins opponent write **"Pin"** inside winner's circle.
7. If wrestler pins opponent write the **time at which the match ended** in the place marked **"Fall or Pin time"** if it is a pin do not total the score just the pin time.
8. Enter the **time of day** the match ended under **Time of Day Bout Ends (TOB)**
9. Have referee sign and put their referee # on bout sheet.
10. Make sure winning coach signs on **WINNING WRESTLER'S SIDE** of bout sheet. Winning wrestler takes bout sheet to head table.
11. Additional Abbreviations:
 - a. **WBS** – Win by Stalling
 - b. **WBD** - Win by Default of Misconduct
 - c. **WBI** – Win by Injury (**If wrestler is out for the remainder of the tournament, write this on the bout sheet.**)
 - d. **WBF** – Win by forfeit (You cannot forfeit in 1st round)
12. Put **"C"** for each caution given by the referee in the Caution Column.
Put **"W"** for each warning given by the referee in the Caution Column.
13. **MERCY RULE:** Wrestling should be stopped by the referee when there is a point difference of 15 or more.
14. There are **no ties** if score is tied 0-0 when time is up referee will award 1 point to each wrestler. If score is still tied after all overtimes the referee will award 1 point to the wrestler he deems the winner