

## **Bendle Tigers Wrestling Club**

### **Novice Tournament**

February 5, 2011

#### **LIMIT 500 WRESTLERS**

E-mail number of wrestlers to Dawn Pully at [dasubgirl12@yahoo.com](mailto:dasubgirl12@yahoo.com) or call at **810.715. 0684** from Sunday January 23<sup>rd</sup> through Tuesday February 1<sup>st</sup>. Variances allowed according to the MMWA by-laws.

#### **WEIGH-INS:**

Saturday morning: 5-6, 7-8 and 9-10 weigh in between 7:00 and 8:00 a.m.

11-12 and 13-14 weigh-in between 8:00-9:00 a.m.

Tournament begins at 9:30 a.m., 11-12 & 13-14 begin after second round of 5-6, 7-8, and 9-10.

Entry fee: \$9.00 per wrestler

Admission: Family \$9.00 (Family includes mother, father and siblings under 18)

Adults \$4.00 and students \$1.00

#### **MMWA modified high school rules:**

Ages 5-8: (3) 1 minute periods with optional start

Ages 9-14: (3) 1½ minute periods with optional start

Wrestlers can wear singlets or shirt and shorts that are close fitting. **ABSOLUTELY NO METAL!**

If less than three wrestlers in a weight class, the host club has the right to move a wrestler up one weight class within the same age group except for HWT.

#### **WEIGHTS:**

5-6: 37, 40, 43, 46, 49, 52, 55, 58, 61, 64, 67, Hwt.

7-8: 40, 43, 46, 49, 52, 55, 58, 61, 64, 67, 72, 77, 82, Hwt.

9-10: 51, 55, 59, 63, 67, 71, 75, 80, 85, 90, 95, 100, 110, Hwt.

11-12: 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 119, 126, 133, Hwt.

13-14: 75, 80, 85, 90, 95, 100, 107, 114, 122, 130, 138, 145, 155, 170, Hwt.

#### **Tournament Rules:**

1. Only 2 coaches per match.
2. Any person operating video equipment will be considered a coach. Video equipment must be handheld.
3. All wrestlers must leave the wrestling area at the end of their match.
4. No weights will be challenged after the start of the second round.
5. All HWT must have exact weight on weigh in slip and hand.
6. Not following tournament rules is grounds for expulsion from the tournament.

**FOOD AVAILABLE ALL DAY  
ONLY WATER, GATORADE AND POPCORN ARE ALLOWED IN GYM**

**Bendle High School  
2283 E. Scottwood Ave.  
Burton, MI 48529**