

Lake Fenton Novice Wrestling Tournament
Lake Fenton High School
4070 Lahring Rd Linden MI 48451
Saturday January 30, 2010

Limit 400 Wrestlers

Call in Dates January 17, 2010 to January 26, 2010 after 6:00 PM contact Dale Rife @ (810) 280-5407 Or Email adr7050@aol.com

Tournament Director Dale Rife (810) 280-5407

WEIGH-INS: 5-6, 7-8, 9-10 7:00 AM to 8:00 AM Wrestling starts at 9:30 AM
11-12, 13-14 8:00 AM to 9:00 AM Wrestling starts after second round of 9-10

Entry Fee: \$9.00 per wrestler

Admission: \$4.00 adults, \$1.00 students and \$9.00 family

Rules: M.M.W.A Modified High School Rules

ABSOLUTELY NO METAL!!!!!!!!!!!!!!!!!!!!

If less than 3 wrestlers are in a weight class host club has the right to move them up one weight class in the same age group (except hwt)

WEIGHT CLASSES:

5.6 37, 40, 43, 46, 49, 52, 55, 58, 61, 63, 67 & HWT
7.8 40, 43, 46, 49, 52, 55, 58, 61, 64, 67, 72, 77, 82 & HWT
9.10 51, 55, 59, 63, 67, 71, 75, 80, 85, 90, 95, 100, 110 & HWT
11.12 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 119, 126, 133 & HWT
13.14 75, 80, 90, 95, 100, 107, 114, 122, 130, 138, 145, 155, 170 & HWT

TOURNAMENT RULES

1. Only 2 coaches per match
2. Any person with video equipment at the mat will be considered a coach
3. All wrestlers must leave the wrestling area at the end of their match
4. No weight will be challenged after the start of the second round
5. All HWT's must have exact weight on weigh in slip and on hand

PENALTY: Failure to follow tournament rules will lead to expulsion from the tournament or forfeit of match.

BREAKFAST AND FOOD WILL BE AVAILABLE ALL DAY

NO CROCK POTS OR ANY OTHER ELECTRICAL COOKING DEVICES ALLOWED

PLENTY OF PARKING AVAILABLE AT THE HIGH SCHOOL

LAKE FENTON IS SMOKE FREE NO SMOKING ON SCHOOL PROPERTY