



**GOODRICH
WRESTLING**

Middle School Team Duals

Who: School Based Teams for 6-8th Graders

When: Friday, January 13th, 2023

Where: GOODRICH HIGH SCHOOL
8029 S. Gale Rd, Goodrich, MI 48438

Time: 5:00 PM

Entry Fee: \$200 per team. Open to the first 7 teams that provide a \$100 deposit.

Checks payable to: **Goodrich Youth Wrestling Club**

Mail To: Goodrich Youth WC, Attn: Gordon Golec, 11177 Cathy Drive, Goodrich, MI 48438

Weigh-Ins: Home Weigh-Ins. All weigh-in/rosters must be emailed to kensirignano@comcast.net by 5PM, Thursday January 12th. Wrestlers must weigh-in in a singlet or a t-shirt and shorts. No weight allowances.

Start Time: 5 PM Friday, January 13th

Coaches: Must have a current USAW leadership card to be on the floor to coach with background check and SafeSport training completed.

Wrestlers: **Must have USAW card.**

Admission: \$5.00 Adults, Children & Students (6 – 18 years), \$15.00 per Family (father, mother and immediate children 18 and under), Preschoolers (5&U) Free.

Rules: MMWA rules apply. Singlet or shorts/t-shirts required. ABSOLUTELY NO METAL. 3 coaches per team (with appropriate credentials). Proper conduct is expected from wrestlers, coaches, and spectators. All Wrestlers on a team must be enrolled in the school the team represents (6th-8th grade only).

Format: Three duals per team. Format will be modified based on the number of teams entered.

Penalty: Failure to follow tournament rules will lead to expulsion from the tournament or forfeit of match.

Weights Classes: 80, 86, 92, 98, 104, 112, 120, 128, 136, 145, 155, 170, 250

Tournament Director: Gordie Golec **Phone:** (248) 318-9656 **Email:** chevyleo@charter.net

NOTE: The dual **DOES NOT** count toward the MMWA regular two tournament requirements.

ELECTRONIC COOKING EQUIPMENT (CROCKPOTS) ARE PROHIBITED