

# Guidelines for Tournaments

Temperatures will be taken of every individual entering the building. No one can enter if they have a temperature of 99.8 degrees or higher. If an individual has a temperature of 99.8 degrees or higher, no one in that family may enter the building. It is suggested, you take everyone attending the tournaments temperature before leaving home.

- ONLY 2 parents per family will be allowed into the tournament and must enter WITH the wrestler. This may change depending on the schools capacity limits. Information for each tournament will be provided on each flyer.
- Non wrestling children will not be allowed to enter.
- Each team must send in a list of the coaches on Thursday before the tournament.
- All tournament workers, referees & pairing will need to be checked in the USAW system and temperatures checked.
- Every individual entering the facility MUST have obtained a USAW card prior to attending the tournament. Every individual (including non-wrestlers) will be scanned into the USAW website for tracing purposes.
  - Coaches will be scanned again in a different area to get their coaches wristbands.
- The number of coaches per teams age group will be limited to the following:
  - 1 wrestler = 1 coach
  - 2-4 wrestlers = 2 coaches
  - 5-9 wrestlers = 3 coaches
  - 10-14 wrestlers = 4 coaches
  - 15-19 wrestlers = 5 coaches
  - 20 or more wrestlers = 6 coaches
  - When you send in the Coaches names on Thursday list the coaches for each age group.
- Here's how to understand the above list. If you have 2 wrestlers in 4-6, you get 2 coaches. Then 6 wrestlers in 7-8, you get 3 coaches. The coaches in 4-6 do not stay

coaches during the 7-8 time span, unless they are counted in part of the 3 coaches for that age group. And so on, for the older age ranges.

- ONE Coach will be allowed at mat side. No parent will be allowed on the floor unless they are on the list of Coaches that was sent in and obtained a wristband. They will be considered the ONE coach allowed.
- Madison weights will be used for all age groups, with no more than four on a chart. 1-minute periods for all age groups.
- Half mats will be used. The number of mats will depend on the capacity of the facility and number of wrestlers attending the tournament.
- Each age group will be wrestled in separate sessions.
- One half hour break will be conducted between each age group in order to clean the mats, computers, tables and check in wrestlers, parents, coaches and workers.
- Wrestlers MUST sanitize hands before and after each match.
- Sanitizers at each mat provided by the hosting club.
- Masks will be required as long as MHSAA require them for the wrestlers, and as long as the state requires them for everyone else in the building.
- Tournament host is responsible for helping with the temperature checking, mask wearing, providing sanitizers for the tables and keeping the mats sanitized between sessions.
- These guidelines are subject to change as the MMWA board sees fit.